

Mon	Tue	Wed	Thu	Fri
<p>1 Swedish Ham Balls 4 oz. Baked potato Green Beans 4 oz. Ambrosia Fruit Salad 4 oz. Milk or grape juice 8 oz.</p>	<p>2 Cheesy Mac Chili 8 oz. Corn 4 oz. Peaches 4 oz. Corn muffin/butter Milk or grape juice 8 oz.</p>	<p>3 Glazed Chicken 3 oz. Creamy rice 4 oz. Carrots 4 oz Blushing Pears 4 oz. Wheat Roll/ Butter Milk or grape juice 8 oz.</p>	<p>4 Tuna Salad sandwich 4 oz. Macaroni Salad 4 oz. Three bean salad 4 oz. Applesauce 4 oz Milk or grape juice 4 oz.</p>	
<p>7 Spaghetti w/ meat sauce 8oz. Mixed vegetables 4 oz Pears 4 oz Garlic Bread Stick Milk or grape juice 8 oz.</p>	<p>8 Chicken Fajita salad 8oz Mexican Rice 4 oz. Peaches 4 oz Corn Chips Milk or grape juice 8 oz.</p>	<p>9 Sterling's Ham & Egg Casserole 8 oz. Capri Vegetable Blend 4 oz Applesauce 4 oz Bran Muffin Milk or grape juice 8 oz.</p>	<p>10 Pork Cutlet 3 oz. Mashed Potatoes 4 oz. Green beans 4 oz Pineapples 4 oz. Milk or grape juice 8 oz.</p>	<p>11 Salmon patties 3 oz (2) Mac & cheese 4 oz Green beans 4 oz Peaches 4 oz Milk or grape juice 8 oz</p>
<p>14 Shepherds pie 8 oz Glazed Carrots 4 oz. Applesauce 4 oz Cheddar Dill Bread Milk or grape juice 8 oz</p>	<p>15 Scalloped pot. w/ham 8oz Beets 4 oz. Ambrosia fruit salad 4 oz. Wheat roll/ butter Milk or grape juice 8 oz.</p>	<p>16 Creamed chicken 4 oz. Over biscuit Peas & carrots 4 oz Apricots 4 oz. Milk or grape juice 8 oz.</p>	<p>17 Cheeseburger 3 oz./bun Lettuce,tomato,onion,pickle Potato wedges 4 oz. Pears 4 oz. Yellow cake Milk or grape juice 8 oz.</p>	<p>Good Friday</p>
<p>21 Chicken chef salad 8 oz. Salad crackers 2 packs Applesauce 4 oz Milk or grape juice 8 oz.</p>	<p>22 Liver & onions 3 oz or Beef cutlet 3 oz w/ gravy Roast. Garlic mash pot. 4oz Green beans 4 oz Pineapples 4 oz Milk or grape juice 8 oz.</p>	<p>23 Mexican lasagna 8 oz. Refried beans 4 oz w/chips Peaches 4 oz. Milk or grape juice 8 oz.</p>	<p>24 Goulash 8 oz. Mixed vegetables 4 oz Banana Garlic bread Milk or grape juice 8 oz.</p>	<p>25 Bbq pork sandwich 4 oz BLT pasta salad 4 oz Baked beans 4 oz Pears 4 oz Milk or grape juice 8 oz</p>
<p>28 Calico beef & beans 8 oz Peas 4 oz Mixed fruit 4 oz Corn muffin Milk or grape juice 8 oz</p>	<p>29 Chicken Pot Pie 8 oz Parslied Carrots 4 oz Peaches 4 oz Milk or grape juice 8 oz</p>	<p>30 Cranberry meatballs 3 oz Brown rice 4 oz Cauliflower w/ cheese 4 oz Applesauce 4 oz Milk or grape juice 8 oz</p>	<p>Milk and grape juice are Only available with Congregate meals. Powder Milk is available for home Delivered meals upon Request.</p>	