



# HAYSVILLE SENIOR CENTER

*LIVE YOUR LIFE & FORGET YOUR AGE!*



## Welcome, 2025!

Happy New Year!

We are extremely happy to announce that 2024 was our biggest year yet with a total of 570 members! This is anyone who had attended the Senior Center between January-December 2024. This is our biggest year to date! We want to express all our gratitude to our amazing members that make our center as wonderful as it is.

### Senior Center & Hustle Holiday Closures

New Years Day- Wednesday, January 1st

MLK Day- Monday, January 20th

There will be no meals served on these dates.

**Due to the holiday closure, the January 1st \$2.00 Bingo will be on the 5th Wednesday, January 29th!**

## 2025 Membership Dues

Membership renewals are due for all members beginning January 2nd. Cash, check or card are accepted.

Memberships remain \$5.00 this year and are active through the end of 2025. Please give dues directly to staff so we can properly update your our records. Thank you!

## JANUARY 2025

**160 E. KARLA, HAYSVILLE  
316.529.5903**

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WWW.HAYSVILLE-  
KS.COM/SENIOR-CENTER

LIKE US ON FACEBOOK!  
WWW.FACEBOOK.COM/  
HAYSVILLESENIORCENTER

**GREAT THINGS ARE HAPPENING IN HAYSVILLE!**

5th Annual



# CHILI COOK-OFF



Raffle  
Baskets

AND

# CRAFT FAIR

Bake  
Sale

**HAYSVILLE SENIOR CENTER**

2.22.2025 | 11:00 AM to 2:00 PM

160 E. Karla Ave, Haysville Ks

**OPEN TO THE PUBLIC**

\$5.00 Door Entry To Chili Cook Off & Craft Fair  
Raffle Baskets Available- \$1.00 Per Ticket Or 6 For \$5.00  
Baked Sale Items Available



Register for our  
Chili Cook Off or Craft Fair  
at Haysville Senior Center  
160 E Karla Ave, Haysville  
316-529-5903



# Chili Cook-Off Contestants & Craft Vendors Needed!

**Businesses Or Individuals Welcome!**

## DO YOU HAVE A FAMOUS CHILI RECIPE?

- \$100.00 Prize for 1st Place Winner
- No Registration Fee
- Must Provide (2) 6-Quart Crock Pots Worth Of Chili To Serve During Duration Of Event

## Craft Vendors

- \$10.00 Registration Fee
- 8 Foot Table & (2) Chairs Included
- Must Donate One Booth Items With \$10.00 Value That Will Be Combined With Others For Raffle Baskets. (Due At Time Of Reservation).

## Bake Sale

- We Need The Help Of Our Amazing Senior Center Members To Donate Baked Goods For This Bake Sale! Items Must Be Clearly Labeled For Allergies. Items Need To Be Turned In On 02/21 By Noon. Thank You!



For More Information Or To Register Please Contact  
316-529-5903 Or Visit The Haysville Senior Center.



HUSTLE OUTING TO

# PIZZA RANCH

Tuesday, January 21st

Leave Senior Center  
at 12:00 p.m.  
Arrive to Pizza Ranch  
at 12:30 p.m.  
Return ride at 1:45.

\$1.00 to ride Hustle

# WSU WELLREP

RETURNING

EVERY TUESDAY & THURSDAY  
AT 10:30 AM BEGINNING TUESDAY JANUARY 21ST

SENIOR CENTER STAFF WILL PROVIDE STEPS CLASS ON:  
TUESDAYS, JANUARY 7TH & 14TH @ 10:30AM  
THURSDAYS, JANUARY 9TH & 16TH @ 10:30 AM





# Raccoon Paint Party

Saturday, January 18th  
10:00 a.m.

8x10 Size- \$10.00 Per Person

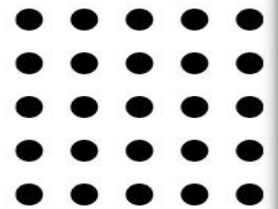
Limited Spots For Each Class- First Come, First Served!  
Guest Welcome With Current Member.

Payment Due At Time Of Sign Up  
All Supplies Included. Class Taught By "Paintings with Anne!"



Advance Sign  
Up Required.  
Call 316.529.5903

## AARP SAFE DRIVING CLASS



**Friday, February 7, 2025**  
**Class 10:30am- 3:45 pm**  
**Registration 10:00-10:30am**

\$20 For AARP Members  
\$25 For Non AARP Members

Join this class and you may  
be eligible for a discount through  
your insurance company.

Refresh your driving skills and knowledge of the rules of the road.  
Notify Senior Center staff if you wish to register. Bring cash or check  
payable to AARP on day of class. Must bring payment, driver's license and  
AARP card (if applicable).

# Haysville Senior Center – January 2025 Activities

MON	TUE	WED	THUR	FRI	SAT
		1 <b>Senior Center &amp; Haysville Hustle Closed</b> <b>No Meals Served</b>	2 10:30am- STEPS 11:00am- Cards	3 10:30am- Drumming 12:30pm- Right Left Center Game	4
6 10:00am- Chair Yoga 1:00pm- Dominoes 2:00pm- Writing Craft	7 10:00am- Blood Pressure Checks 10:30am- STEPS 11:00am- Cards 1:00pm- Mexican Train	8 8:30am- Donuts, Coffee & Conversation 1:00pm- \$3 Card Bingo 3:00pm- Line Dancing	9 10:30am- STEPS 11:00am- Cards 2:00pm- Alzheimer's Support Group 1:00pm- \$2 Bunco	10 10:30am- Drumming 12:30pm- Right Left Center Game 1:00pm- Snowman Craft  4:00pm- <b>Deadline To Sign Up For Monthly Dinner</b>	11
13 1:00pm- Dominoes	14 10:00am- Blood Pressure Checks 10:30am- STEPS 11:00am- Cards 1:00pm- Mexican Train 1:00pm- Neuropathy Presentation	15 1:00pm- Poker 3:00pm- Line Dancing	16 10:30am- STEPS 11:00am- Cards 1:00pm- \$2 Regular Bingo	17 10:30am- Drumming 12:30pm- Right Left Center Game 6:00pm- \$10 Chicken & Noodle Dinner	18 10:00am- Raccoon Paint Party
20 <b>Senior Center &amp; Haysville Hustle Closed</b> <b>No Meals Served</b>	21 10:00am- Blood Pressure Checks 10:30am- WellREP 11:00am- Cards 12:00pm- Pizza Ranch Outing 1:00pm- Mexican Train	22 8:30am- Donuts, Coffee & Conversation 1:00pm- \$3 Card Bingo 3:00pm- Line Dancing	23 10:30am- WellREP 11:00am- Cards 1:00pm- \$2 Bunco	24 10:30am- Drumming 12:30pm- Right Left Center Game 2:00pm- Create Better Health Program	25
27 1:00pm- Dominoes	28 10:00am- Blood Pressure Checks 11:00am- Cards 1:00pm- Mexican Train	29 1:00pm- \$2 Regular Bingo 3:00pm- Line Dancing	30 10:30am- WellREP 11:00am- Cards 12:30pm- Crafting Club	31 10:30am- Drumming 12:30pm- Right Left Center Game 2:00pm- Create Better Health Program	



JANUARY  
2025

AGING PROJECTS, INC.

MEALS ON WHEELS/FRIENDSHIP MEALS

21-SERVING DAYS - 2 HOLIDAYS

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

<p>Milk and grape juice is only available to congregate participants. Powdered milk is available for home delivery upon request.</p>		<p><i>New Year's Day!</i></p>	<p>1 Ham &amp; Beans 8 oz. Potatoes O' brien 4oz. Blushing Pears 4 oz. Corn muffins/ butter Milk or grape juice 8 oz.</p>	<p>2 Bierock casserole 8 oz. Parslied carrots 4 oz. Apple Milk or grape juice 8 oz.</p>	<p>3</p>
<p>6 Salmon loaf 4 oz. Macaroni &amp; cheese 4 oz. Green beans 4 oz. Peaches 4 oz. Cheddar dill bread Milk or grape juice 8 oz.</p>	<p>7 Glazed chicken 3 oz. Creamy rice 4 oz. Mixed vegetables 4 oz. Bananas in orange juice 4 oz Dinner roll / butter Milk or grape juice 8 oz.</p>	<p>8 Broccoli cheese soup 8 oz. Ham sub sandwich w/ tom. Lettuce, mayo 3 oz. Mixed fruit Milk or grape juice 8 oz.</p>	<p>9 Meat loaf 4 oz. Mashed potatoes / gravy 4oz Corn 4 oz. Glazed cherries 4 oz. Wheat bread/ butter Milk or grape juice 8 oz.</p>	<p>10 Pork cutlet 3 oz. Brown rice 4 oz. Broccoli 4 oz. Pineapples 4 oz. Drop biscuits/ butter Milk or grape juice 8 oz.</p>	<p>17</p>
<p>13 Harvest turkey soup 8 oz. Egg salad sandwich 4 oz. Ambrosia fruit salad 4 oz. Milk or grape juice 8 oz.</p>	<p>14 Easy lasagna 8 oz. Creamed peas 4 oz. Pears 4 oz. Garlic bread stick Milk or grape juice 8 oz.</p>	<p>15 Ham &amp; swiss broccoli Bake 8 oz. Glazed carrots 4 oz. Easy fruit cobbler 4 oz. Dinner roll/ butter Milk or grape juice 8 oz.</p>	<p>16 Tater tot casserole 8 oz Broc. Cauliflower salad 4 oz. Peaches 4 oz. Sweet muffin/ butter Carrot cake Milk or grape juice 8 oz.</p>	<p>17 Chicken fajita salad 8oz Mexican rice 4 oz. Mixed fruit 4 oz. Corn chips Milk or grape juice 8 oz.</p>	<p>24</p>
<p>20 <i>Martin Luther King Jr. Birthday</i></p>	<p>21 Hot turkey sand. 4 oz. Creamed spinach 4 oz. Banana Milk or grape juice 8 oz.</p>	<p>22 Cranberry meatballs 4 oz Rice 4 oz. Cauliflower/ cheese 4 oz. Pineapple 4 oz. Dinner roll/ butter Milk or grape juice 8 oz</p>	<p>23 Chili w/ beans 8 oz. Garden salad 8 oz. Strawberries &amp; peaches 4oz Cinnamon roll Milk or grape juice 8 oz.</p>	<p>24 Biscuit w/ hamburger &amp; sausage gravy 4 oz. Scrambled eggs 4 oz. Potatoes O'brien 4 oz. Orange Milk or grape juice 8 oz.</p>	<p>31</p>
<p>27 Poor boy stew 8 oz. Harvest beets 4 oz. Apricots 4 oz. Corn muffin / butter Milk or grape juice 8 oz.</p>	<p>28 Soft taco w/lettuce, Tomato/ cheese 4 oz. Corn O' brien 4 oz. Applesauce 4 oz. Milk or grape juice 8 oz.</p>	<p>29 Barbecue chicken 3 oz. Potato salad 4 oz. Baked beans 4 oz. Mixed fruit 4 oz. Wheat bread/ butter Milk or grape juice 8 oz.</p>	<p>30 Tomato soup 8 oz. Pimento cheese sand. 4 oz. Mandarin oranges 4 oz. Milk or grape juice 8 oz.</p>	<p>31 Madison's pizza Combination salad 8 oz. Blushing pears 4 oz. Milk or grape juice 8 oz.</p>	<p></p>

# CREATE BETTER HEALTH

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## 6-WEEK PROGRAM

PROVIDED BY LAURIE CARR  
SEDGWICK COUNTY EXT. OFFICE

FRIDAYS

2:00 PM - 3:00 PM

JANUARY 24TH -  
FEBRUARY 28TH



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THIS 6-WEEK PROGRAM  
COVERS MEAL PLANNING,  
READING NUTRITION LABELS  
AND MAKING MEALS FROM  
SIMPLE INGREDIENTS (EVEN  
ITEMS YOU GET FROM FOOD  
PANTRIES OR COMMODITIES)

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SMALL PHYSICAL ACTIVITY AND RECIPE  
TASTING INCLUDED.

THIS PROGRAM IS FREE TO CURRENT  
HAYSVILLE SENIOR CENTER MEMBERS.



# WHAT IS NEUROPATHY?

Join Midwest Pain Relief Center as they provide this informational 45 minute presentation about this health condition that is affecting many of those that are 55+ and how their services can help you.

TUESDAY, JANUARY 14TH | 1:00 P.M.

Snacks & refreshments will be provided.  
Please sign up by Friday, January 10th.



# SNOWMAN CRAFT PROVIDED BY COMFORT KEEPERS

FRIDAY, JANUARY 10TH | 1:00 P.M.

**\*NO CHARGE FOR CURRENT MEMBERS\***

**PLEASE SIGN UP BY JANUARY 8TH**



# LINE DANCING

## WITH EULA!

WEDNESDAYS 3:00 P.M. - 4:00 P.M.  
JANUARY 8TH - FEBRUARY 12TH

EULA WILL BE TAKING OVER INSTRUCTING OF THE LINE DANCING CLASS. JOIN US FOR 6-WEEKS OF DANCING & LEARNING A HANDFUL OF SPECIFIC DANCES. AT THE END, WE ARE GOING TO ENCOURAGE (NOT REQUIRE) ANY OF THE PARTICIPANTS TO JOIN US AT OUR FEBRUARY VALENTINE'S DAY DINNER TO SHOW OFF OUR MOVES! THIS CLASS IS FREE TO CURRENT MEMBERS. SIGN UP BY BUSINESS DAY PRIOR OF EACH EVENT (SO WE KNOW WHO TO NOTIFY IF FOR SOME REASON WE HAVE TO CANCEL/RESCHEDULE).



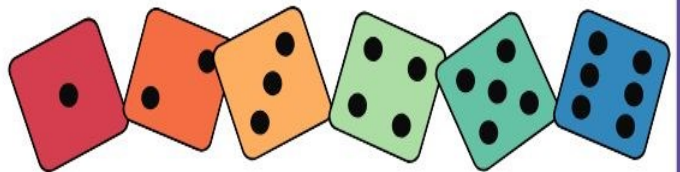
## WRITING CRAFT

WITH STARLA CRISER

We are happy to announce this program will continue on the first Monday of each month from 2:00-3:30pm. Starla guides you through the writing process with helpful prompts and exercises.

## LEFT RIGHT CENTER

FRIDAYS @ 12:30PM





# CHICKEN & NOODLE DINNER

What's better than a warm bowl of chicken and noodle soup on a cold evening? Soup, mashed potatoes, roll and dessert!

Join us on Friday, January 17th at 6:00 p.m.

**\$10/PERSON**

Sign ups accepted until Friday, January 10th or until reservations are full.



## DINNER ANNOUNCEMENTS



We have a few important dinner updates to share with you.

- Due to the continued rise in pricing for groceries and catering, we are needing to increase the price of our monthly dinner from \$8.00 to \$10.00 per person. Between food cost, drinks, decorations and some times entertainment/games, we are spending significantly more than even the \$10.00 per person. We have tried to hold out as long as possible, but it has been a year and a half since we increased the pricing of our dinners and need to do so now to be able to continue providing you with these special events. We thank you for your understanding.
- Along the same line, due to the amazing membership growth we have had, many of our larger events have begun selling out. Our large event room and table space can hold 84 people comfortably. We have sold out several events recently and unfortunately had additional members wish to attend. Although we love members bringing friends and family with them, our first priority must be our members, therefore moving forward, members are going to be limited to bringing one guest per member. Reminder: anyone 55+ may join the Senior Center at any time, so please keep that in mind if you are wishing to bring more than one guest.

In December, we reminded members of the request from earlier in the year to not arrive to our monthly dinner until 5:30pm or after. Many members did not follow this request, therefore, moving forward the doors to the Senior Center will not be unlocked until 5:30pm. All members are required to leave from 5:00-5:30pm.





## Senior Center Hours Of Operation

Monday-Friday  
8:00 a.m.—5:00 p.m.

## Haysville Hustle Hours Of Operation

Monday-Friday  
8:00 a.m.—4:30 p.m.

## Annual Senior Center Membership

\$5.00/Year | 55+  
Renewal Due  
Each January

## Chair Yoga with Marianna

We are very excited to announce that Chair Yoga with certified instructor, Marianna Evans, will continue on Mondays at 10:00 a.m. In January though, she will be on vacations the bulk of the month. She will only be at the Haysville Senior Center on Monday, January 6th. Class will resume weekly on Monday, February 3rd. We hope you'll give this very beneficial program a try!



## Center Reminders

- Payments for all programs that require a fee are due at time of sign up. Fees are non-refundable and non-transferrable to another program AFTER the sign up deadline has passed as food/supplies have already been purchased. After a deadline has passed, you may give your ticket to another member.
- Credit card transactions are accepted for all programs, membership & rentals. Multiple transactions will be required if you wish to pay for more than one event at a time, as funds are submitted to different locations (this same policy goes for check payments as well). Please note that refunds for credit card transactions will be submitted through the City and can take up to two weeks before a check will be mailed to your home address.
- Our monthly dinner is typically on the 3rd Friday of each month. Reservations are due by the Friday prior, unless otherwise noted in newsletter. Members are not to arrive to the Senior Center until between 5:30 p.m.- 6:00 p.m.
- We offer two different Bingo games:
  - Regular \$2.00 Bingo
  - \$3 Card Bingo. This game is played with playing cards and each player must bring (1) Dollar Bill & (8) Quarters. The center will not break change.
- Want to be added to our monthly newsletter distribution list? Please let staff know. (email only, not residential mailing).
- We pride ourselves in having a clean facility and respectful members. All members are held to the Senior Center policies that they have agreed to follow when registering as a member. These policies are posted just inside the front entrance. Please see staff with any questions.
- Memberships are valid from date \$5.00 fee is paid through the end of that calendar year. Renewals for all members are required each January. Our membership is tracked for funding-- checking in at the kiosk is **REQUIRED!**
- The Haysville Senior Center is available for rental to current members outside of business hours. A \$100.00 deposit is required at time of reservation along with a \$50.00 fee. Please see staff with any questions or for availability.