

Haysville Senior Center– July 2024 Activities

| MON | TUE | WED | THUR | FRI | SAT |
|---|--|--|---|--|-------------------------------------|
| <p>1 10:00am- Chair Yoga 1:00pm– Dominoes 1:00pm- Enhanced Fitness 2:00pm- Writing Craft</p> | <p>2 10:00am- Blood Pressure Checks 10:30am- WellREP 11:00am- Cards 11:30am- Monthly Birthday Cake w/ Dedicated Senior 1:00pm- Mexican Train</p> | <p>3 1:00pm- Enhanced Fitness 1:00pm- \$2 Bingo</p> | <p>4 Senior Center & Haysville Hustle Closed No Meals Served</p> | <p>5 10:30am- Drumming 12:30pm– Game Time 1:00pm- Enhanced Fitness</p> | <p>6</p> |
| <p>8 10:00am- Chair Yoga 10:45am- Carlos & Ollies Trip 1:00pm– Dominoes</p> | <p>9 10:00am- Blood Pressure Checks 10:30am- WellREP 11:00am- Cards 1:00pm- Mexican Train</p> | <p>10 8:30am– Donuts, Coffee & Conversation 9:00am- Rock Painting 1:00pm- \$3 Card Bingo</p> | <p>11 10:30am- WellREP 11:00am- Cards 1:00pm- \$2 Bunco 2:00pm- Alzheimer’s Support Group</p> | <p>12 10:30am- Drumming 12:30pm– Game Time 12:30pm- Food is Medicine Program 4:00pm- Deadline To Sign Up For Monthly Dinner</p> | <p>13</p> |
| <p>15 9:00am- Digitize Your Memories 10:00am- Chair Yoga 1:00pm– Dominoes 1:00pm- Enhanced Fitness</p> | <p>16 10:00am- Blood Pressure Checks 10:30am- WellREP 11:00am- Cards 1:00pm- Mexican Train 1:00pm- KSU Fresh Conversations Program</p> | <p>17 1:00pm- Enhanced Fitness</p> | <p>18 10:30am- WellREP 11:00am- Cards 12:30pm- Baseball Museum & TJ Burger House Outing 1:00pm- \$2 Bingo</p> | <p>19 12:30pm– Game Time 6:00pm- Luau!</p> | <p>20</p> |
| <p>22 10:00am- Chair Yoga 1:00pm– Dominoes 1:00pm- Tissue Flowers</p> | <p>23 10:00am- Blood Pressure Checks 10:30am- WellREP 11:00am- Cards 1:00pm- Mexican Train</p> | <p>24 8:30am– Donuts, Coffee & Conversation Sponsored By Diversicare of Haysville 9:00am- Rock Painting 1:00pm- \$3 Card Bingo</p> | <p>25 10:30am- WellREP 11:00am- Cards 12:30pm– Crafting Club 12:30pm- Derby Plaza Trip 12:30pm- Mobile Market 1:00pm– \$2 Bunco</p> | <p>26 10:30am– Drumming 12:30pm– Game Time</p> | <p>27 9:00am- \$5 Breakfast</p> |
| <p>29 10:00am- Chair Yoga Balance Class 10:45am- Clifton Square Shopping Trip 1:00pm– Dominoes 1:00pm- Enhanced Fitness</p> | <p>30 10:00am- Blood Pressure Checks 10:30am- WellREP 11:00am- Cards 1:00pm- Mexican Train</p> | <p>31 1:00pm- Enhanced Fitness</p> | | | |